

Module expert Solutions : Régime alimentaire

648.00 € TTC

Results of HRV 
  Lifestyle 
  Herbs 
  Aroma 
  BAFS 
  Diet 
  Yoga 
  Conclusion

Nosological system filter  
 Cardiovascular system diseases

hypertension

Ideal match	Optimal match	Not recommended (it is desirable to exclude)
<b>Fruits</b> Mango 252.97 Avocado 228.38 Grape-fruit 138.34 Kiwi fruit 107.31 Papaya 226.03 Melons 221.25 Apricots 201.03 Sweet berries 172.57 Plum 138.34 Rhubarb 125.41 <b>Vegetables</b> Beetroot 237.88 Pumpkin 277.37	<b>Fruits</b> Raisins 263.91 Sweet grapes 262.44 Peach 217.06 Orange 198.09 Sour grapes 175.41 Lime 173.44 Sour berries 261.96 Pineapple 244.00 Cherry 241.21 Prunes 238.91 Coconut 196.25 Dates 194.94 Figs 184.19	<b>Fruits</b> Cranberries Persimmon Apples Pears Unripe bananas Watermelon Pomegranate <b>Vegetables</b> Dandelion (leaves) Artichoke Jerusalem artichoke Cauliflower Broccoli

Description and recommendations

**Raisins**  
 Contradictions:  
 Idiosyncrasy. Excess weight, diabetes, edema, peptic ulcer and ulcers of intestines and has the tendency to cause diarrhea