



Product description

Rayosole[®] plus

Basic mineral bath salts

Introduction

The human body contains both acids and bases. Due to numerous negative influences, such as stress, an unbalanced diet, environmental toxins, drugs, electromagnetic pollution, etc., the majority of the population suffers from an imbalance in the body's acid-alkaline ratio. A lot of people exhibit excess acid and an alkaline deficiency. This is known as 'hyperacidity'.

In Naturopathy, the acid-base balance is regarded as one of the pillars of health. People whose acid-base balance is disrupted tend to exhibit numerous energetic deficits in the test using Bioresonance according to Paul Schmidt. Suitable basic mineral supplements, such as Rayobase can help re-establish a healthy acid-base balance.

However, our experience shows that deacidification and detoxification are only effective when using alkaline baths, stockings or body wraps.



The new Rayosole® plus

Because alkaline baths should be an integral part of many detoxifying treatments, many years ago now, we developed the basic bath additive Rayosole. Rayosole is a popular, proven and high quality product. It is a sensitive basic bath additive which is particularly well-suited for people with skin problems such as eczema or psoriasis.

For people who are strongly hyperacidic, deacidification with Rayosole is often no longer sufficient. This observation prompted the development of a new alkaline bath additive.

Based on experiences with Rayosole and in collaboration with Andrea Hofmann, herself an expert in basic bathing, we developed Rayosole® plus, a new alkaline bath additive. Rayosole® plus is optimal in aspects that go beyond its effects. Its energetic pattern, ecological properties and dosage have also been optimised.

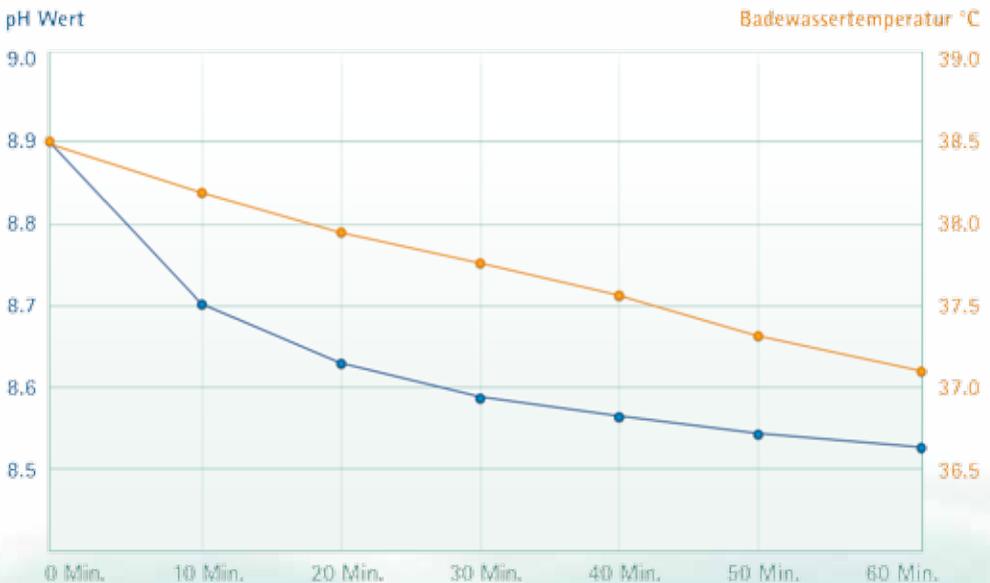


Effective acid excretion, gentle on the skin

Several candidate materials were selected based on their energy pattern using Bioresonance according to Paul Schmidt.

The raw materials thus determined then underwent further testing in numerous bathing experiments. Here, the criteria that took priority included acid excretion and skin tolerability, although a pleasant body feel during and after bathing was crucial.

The following table shows the effectiveness of deacidification with Rayosole®plus during a 60 minute whole body soak. The pH value of the water drops from 8.9 to 8.52, evidence that acids migrate from the body into the water. Since the indication of the pH is a common logarithm, these values are clear evidence of powerful deacidification. Rayosole®plus induces effective acid excretion whilst being gentle on the skin, leaving it optimally moisturised.



Comment: 120 litres of bath water
Starting pH: 8.9 Start temp.: 38.5 °C
End pH: 8.52 End temp.: 37.1 °C

Rayosole®plus has been dermatologically tested. The Derma Consult Institute wrote: *"Based on the test results and under the chosen test conditions, the product can be classified as harmless in terms of possible skin irritant effects."*



Premium ingredients of Rayosole®plus

Rayosole®plus contains high quality German rock salt from Germany, also known as fossil salt. This kind of salt has outstanding energetic properties. It is made up of the same primal elements our body is composed of, and retains the energies of the primordial ocean and the sun. It also happens to be a natural skin care product which we supplemented with alkaline minerals in order to achieve an optimum pH value.

Rayosole®plus thus contains sodium compounds which effectively raise pH while also exhibiting a strong buffer capacity, and magnesium, which in addition to its alkaline properties also has relaxing effects on the muscles during bathing.

Green clay is a special ingredient in the new Rayosole®plus. Green clay consists of argillaceous rock and is a volcanic ash weathering product. It is naturally rich in basic components: calcium, potassium, magnesium, sodium, and many trace elements, such as silica. Thanks to these ingredients, green clay has a huge acid and toxin binding capacity. In addition, it feels very pleasant on the skin.

Rayosole®plus is supplemented with magnesium trisilicate to increase its silica content. Silica (chemically: silicon dioxide) is present in varying amounts in all types of human tissue. It is found both in the liquid matrix and in the individual protein fibres of connective tissue. Silica helps support and strengthen tissues, boost cell metabolism and activate acid efflux from the cells.

An eco-friendly concept

Environmental aspects were also strongly considered in the selection of raw materials and packaging materials. We managed to source ingredients exclusively from Germany. This allows us to guarantee short transportation distances and humane working conditions.

The packaging of Rayosole®plus is mainly made of paper. Plastics were used only where they could not be substituted. A PP bag is therefore used to prevent clumping and contact with undesirable substances. The plastic lid provides a tight seal to ensure safe shipment.

pH test strips for accurate dosing

Given that water has a variable pH value and that there are major individual variations in the speed and extent of acidification during treatment, it is not possible to provide exact dosing recommendations.

This is what Rayosole®plus pH test strips are for. To be absolutely sure, you should use these test strips to check the pH of your bath during the first few uses.



Dosing recommendations

Full body bath:

3 heaped tablespoons

Footbath, alkaline wrap or stockings:

1 heaped tablespoon

First, add the recommended amount of Rayosole®plus to the water. Stir in Rayosole®plus and then measure the pH with the test strips provided. The optimum pH is 9.0. If your reading is lower, add as much Rayosole®plus as necessary to reach a pH of 9.0.

During the bath, the water becomes increasingly less basic due to acids being excreted. Check the pH value of the water halfway through. If it has dropped, add a little Rayosole®plus. The more basic the water, the more efficient the excretion of acids.

How to use Rayosole®plus

We recommend at least 4 full body baths a month and/or a footbath, alkaline wrap or stockings every 2-3 days.

Don't let your bath get too hot! We recommend a water temperature of about 38-39 °C and an optimal duration of one hour. The longer the time spent immersed in the water, the more intense the detoxification.

Rub your skin with a massage sponge or brush every 5-10 minutes. A gentle massage on individual lymphatic points promotes lymph circulation and blood flow, thus increasing the body's elimination capacity.

Brush regularly under your fingernails and toenails. Pat your skin dry after your bath. Do **not** use body lotion. Alkaline baths stimulate the skin's self-oiling capacity and using moisturiser would interfere with this natural process. **Do not use other bath additives in combination with Rayosole®plus.**

Warnings

If you have cardiovascular problems, you should abstain from full body baths. We recommend using footbaths, wraps and/or stockings instead.

To prevent scratches or discolouration after a bath with Rayosole®plus, rinse your tub thoroughly before cleaning it with detergent, towels or sponges.

Alkaline wraps and basic stockings

For alkaline wraps or stockings, use 1 litre of warm water (about 38-39 °C). Add 1 heaped teaspoon of Rayosole®plus. Briefly soak a small cotton towel or cotton knee socks in the solution. Thoroughly wring out the towel/stockings.

Place the towel on the desired area. Cover with a dry cloth and place a warm corn grain cushion on top. Pull on the wet socks, followed by a dry pair of knee-high cotton socks over the top. Then put your feet up. With regard to duration, the recommendations for the full body bath and footbath apply. Liver packs should be left on for a maximum of 20-30 minutes.

Alkaline scrubs

Rayosole®plus is also suitable for alkaline scrubs. Simply mix some Rayosole®plus with a little water and gently massage into the skin. Wash off thoroughly with clean water.

Alkaline baths and alkaline minerals

The body contains both dissolved and undissolved/solid acids. Undissolved acids are found deposited in subcutaneous adipose tissue. Such deposits can cause disease. Since only dissolved acids can be excreted through the skin, solid ones must first be solubilised. This requires minerals.

In order to achieve optimal deacidification, we recommend taking **Rayobase** (**Product reference: 3400**), our alkaline mineral supplement, in parallel with the basic baths with Rayosole plus.



Alkaline baths and a base-rich diet

Unbalanced diets are the leading cause of hyperacidity. Unfortunately, the consequences aren't directly apparent and do not become noticeable usually until years later, when the body no longer has the capacity to compensate. We should eat more alkaline-forming foods and less acid-forming foods.

The rough rules are:

- "Animal foods provide acids, and plant-based foods, bases"
- "Acid-forming food should be combined with the alkaline-forming kind to achieve a balance."

Base-rich foods: vegetables, fruit, salad greens, mushrooms, herbs, dried fruit (unsulphured), some nuts and pure whey.

Acid-rich foods: fresh and cured meats, fish, cheese, cereals, confectionery, convenience products, fast food, soft drinks, alcohol, cocoa drinks.



Alkaline baths and Bioresonance according to Paul Schmidt / RAH

For optimal results, basic skin applications can be combined with Bioresonance according to Paul Schmidt and/or the RAH. Select programs which stimulate the liver, lymph, kidneys, and skin and thus boost excretion. Bioresonance applications can be used during an alkaline bath.

Alkaline washes/rubs

To prepare an alkaline wash or rub, add 1 heaped teaspoon of Rayosole®plus to a glass bottle. Add 500 ml of water. Rub your entire body with this solution twice a day (morning and evening). Use a washcloth to help.

For smaller areas, e. g. for the face, you can use a cotton pad, or fill a spray bottle with solution and simply spray yourself with the solution. Allow the solution to dry on the skin.

Refrain from using any lotions or oils afterwards. The dosage of Rayosole®plus can be reduced or increased based on individual preference.

Rayosole® plus, 100 g:

For those wanting to try Rayosole®plus in the most inexpensive way possible, Rayosole®plus also comes in a 100 g test pack. The content is sufficient for at least one full bath or seven footbaths.

Product reference: 3441



Rayosole® plus, 1000 g:

This is the standard size of Rayosole®plus; it contains 1,000 g of high-quality bath salts and 8 pH sticks allowing you to test and optimally adjust the bath water.

Depending on how hard the water is, the contents suffice for at least ten full body baths or about 70 foot baths.

Product reference: 3442



Rayosole® plus, 3000 g:



The Rayosole®plus multipack contains a total of 3,000 g in three 1,000 g packs. Rayosole®plus 3000 g contains the least amount of packaging material and is therefore highly recommended. In addition, the price is very attractive compared to the 1,000 g box.

Product reference: 3443

Rayosole® plus, storage jar:



The storage jar is the perfect container for your precious Rayosole®plus bath salts and harmoniously blends in with your bathroom. The storage jar can hold up to 1,000 g Rayosole®plus; its ground glass lid makes it air- and watertight, thus protecting the contents.

Especially for the many users who opt for the 3,000 g multipack (which require the least packaging material), the storage jar is the perfect choice for storing Rayosole®plus. The Rayosole®plus logo features on the outside of the glass, which not only looks good but ensures that there is no confusion regarding the content.

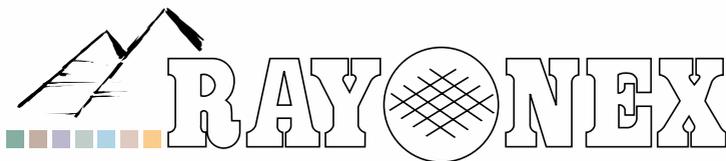
Product reference: 34440

100 pH sticks:

The pH sticks provide an easy way to find the right pH value for the water. However, the pH sticks are also ideally suited to determine the pH value of one's own urine. The pack contains 100 sticks which can be extracted and used separately.

Product reference: 3440





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